

Dietitian Service

Dudley and Netherton PCN

Dietitians are trained health professionals who help people with their diet and nutrition, both individually and in the community.

We offer one to one face to face and telephone appointments at GP surgeries.

Dietary assessment & self-management advice with diet for:

Gastro conditions e.g. IBS, Coeliac, Diverticular Disease, Constipation.

Nutrition support – unintentional weight loss through illness, frailty.

Weight management – PCOS.

Diabetes & Prediabetes

Eating in menopause

Patients with lipid disorders

Cow's milk protein allergy

How can I access the service?

Speak to the reception team to book an appointment.

Referral Criteria

Aged children and infants and 18+

Registered at a GP surgery in the Dudley and Netherton PCN